

2018-2019 OMS Physical Education

Coach Chapman- 7th and 8th grade PE

Coach Ward- 6th, 7th and 8th grade PE

Coach Goss- 6th grade PE, 7th and 8th grade Weight Training

The Physical Education program at Otwell Middle School is a comprehensive developmental program focused on the education of the "**whole child**." The interdisciplinary nature of physical education provides opportunities for all students to achieve the knowledge, skills and values that will develop and enhance their well-being and maximize their quality of life.

A. Grading

*Formative - 20%

A student's formative grade will be his/her dress-out and participation grade. Every student starts each week with a 100. Every time a student does not dress out correctly, he/she will get as many as 20 points taken off each day. A student who does not have the correct top and bottoms will get 20 points taken deducted; any student who has the correct bottoms and not the correct top or the correct top and not the correct bottoms will get 10 points taken off.

- If a student does not bring in their dress out clothes, dress out clothes will be loaned to them for the day. There will be an "L" on each article meaning "loaner" dress out clothes. Every student will still participate in activities every day; however, the loaners must be returned at the end of the class period.

For example, if a student uses a loaner top and bottom on Monday and the student uses loaner shorts on Thursday, the student earns a grade of 70 for the week.

*Summative - 80%

A student's summative grade will be his/her unit testing grades and fitness assessments. The student will have two to three performance evaluations every nine weeks that cover the fitness components/team sports/weight training units that are taught and practiced during that time period. Rubrics will be explained prior to the summative assessments.

B. Dressing Out

Proper dressing out goes as follows:

1. You must wear proper athletic shoes that have shoelaces to tie. No cleats, flip-flops, open toed shoes, Crocs, boots, etc.
2. Otwell PE top and Otwell PE bottoms are required. A student is also allowed to wear any OMS issued t-shirt and/or OMS issued shorts instead of the PE issued clothing.
3. All uniforms must be labeled with student name or initials in order to avoid loss or theft.
4. During the winter months, Otwell PE hoodie and sweatpants are encouraged.
5. The PE Department will be selling uniforms throughout the year if needed.

The costs are as follows:

Otwell PE t-shirt = \$10

Otwell PE shorts = \$15

Otwell PE hoodie= \$20

Otwell PE sweatpants= \$15

Otwell drawstring bag= \$5

PE lock for PE locker (good for entire year) = \$5

***There will be a replacement cost for a lost lock = \$5**

C. Discipline/Student Safety

- All students are expected to be on their best behavior at all times.
 - Horseplay, fighting, bullying, acting out, disrespect, and inappropriate language are unacceptable. Such behaviors will result in disciplinary action.
 - A student must be dressed out and in his/her spot no later than 5 minutes after the late bell rings.
 - Cameras and camera phones may NOT be used inside of the locker rooms. If a student is found using any of these items, IT WILL BE TAKEN IMMEDIATELY.
 - Aerosol sprays are prohibited in the locker rooms: included but not limited to spray deodorant, spray perfume/body spray, or spray cologne/Axe.
 - Every student is STRONGLY encouraged to rent a lock to use in the locker room. It is the student's responsibility to lock **all** of their possessions in their locker at all times to prevent loss and theft. *If it cannot fit in the locker, do not bring it to PE.*
 - Students will have access to the locker rooms ONLY during their class period. Coaches will NOT provide access before or after school or while classes are in session.
 - Students are NOT allowed to share lockers. Only 1 student per locker will be assigned.
 - If a student is injured or feeling ill during PE class, the student MUST report to the coach immediately so that proper course of action can be determined.
- *There is absolutely NO FOOD, DRINK (including water), GUM, or CANDY allowed in the gym.

D. Excuse Notes

*Doctor notes - A student who is given a doctor's note must give the note to the PE teacher ASAP. A student with a doctor's note will be granted any activity modifications or restrictions based on the doctor's request. The note will be valid until the ending date of the doctor's note. Students allowed to do limited activity must dress out. For everyday a student is sitting out of class, the student must complete a written assignment to earn back his/her formative points for that day.

*Parent notes - A parent note is only good for one day and must have the date with the student and parent's signature on it. A student cannot turn in more than 3 consecutive parent notes. For everyday a student is sitting out of class, the student must complete a written assignment to earn back his/her formative points for that day. Parent notes will be monitored closely and if used in excess, the teacher and/or grade level administrator will be in contact with the parent. These should be used very rarely for extreme situations.

