

Guidance Related to Viruses and Infections

Please do *not* send your child to school and/or school activities if they are exhibiting symptoms of common illnesses such as influenza, respiratory syncytial virus (RSV), COVID-19, strep throat, stomach virus or other contagious viruses and/or infections.

Symptoms of common illnesses may include fever (100.4 or greater), persistent cough/wheeze, fatigue, loss of appetite, muscle or body aches, headache, sore throat, congestion/runny nose, eye drainage, rash, abdominal discomfort, nausea, vomiting and/or diarrhea. Children with an unknown rash need to be seen by a healthcare provider to ensure it is not contagious to others. Children with a persistent cough should stay home until symptoms improve.

Please note your child must meet the following criteria before returning to school and/or school activities:

- Your child must be fever free for a full 24-hour period without the use of fever-reducing medications.
- Your child must be free of vomiting and/or diarrhea for a full 24-hour period.
- Your child should also have an *overall improvement in their symptoms* and be able to tolerate their school day.
- If an antibiotic has been prescribed, then the antibiotic must be administered for a full 24-hour period.