

Women's South Forsyth Track & Field Records

<u>Event</u>	<u>Time</u>	<u>Women</u>	<u>Year</u>	<u>Key</u>
100m	12.29	Karen Huynh	2019	GHSA Sanctioned Event
200m	25.00	Louise Tocays	2018	<i>Non-GHSA Sanctioned</i>
400m	59.10	Katherine Gibson	2010	* USATF or NF District
800m	2:16.49	Allie Schaich	2007	
1600m	4:50.95	Savannah Carnahan	2016	
3200m	10:27.35	Savannah Carnahan	2016	
100mH	15.39	Jenna Albert	2007	
300mH	47.09	Marlyce Stein	2003	
High Jump	5' 4"	Heather Collier	2006	
Long Jump	17' 8"	Paloma Jaramillo-Henderson	2018	
Triple Jump	35' 3"	Marlyce Stein	2004	
Pole Vault	10' 6"	Anna Fearon	2005	
Discus	114' 9"	Leanne Brooks	2008	
Shot Put	34' 8"	Brooklynn Simmons	2015	
4x100m Relay	48.94	Louise Tocays, Reese Hammond, Deedee C Paloma Jaramillo-Hender	2018	
4x400m Relay	4:01.66	Heather Collier, Melissa Royer, Stephanie Storms, Lara Gaspar	2006	
<i>400mH</i>	-	-	-	
<i>1500m</i>	5:01.09	Savannah Carnahan	2016	
<i>1 mile</i>	5:05.58	Savannah Carnahan	2016	
<i>3000m</i>	10:42.39	Jennifer Barbi	2007	
<i>2 mile</i>	11:09.04	Madelynn Cadeau	2019	
<i>2k Steeple Ch.</i>	7:42.36	Savannah Carnahan	2016	
<i>Hammer Thro</i>	-	-	-	
<i>Throwers 4x100m Relay</i>	1:03.02	?		
<i>4x200m Relay*</i>	1:53.45	Alexis Carvalho, Riley Jones, Chu, Karen Huynh	A 2019	
<i>SHR</i>	1:12.16	?	2013	
<i>4x800m Relay*</i>	9:26.36	Savannah Carnahan, Kaylee DuPont, Bergey, Emma Maisel	Milicent 2015	
<i>4x1600m Relay</i>	20:37.54	Milicent Bergey, Kaylee DuPont, Aleesa deCastro, Caroline Patterson	2016	
<i>800 SMR</i>	1:51.50	Paloma Jaramillo-Henderson, Louise Tocays, Deedee Cudjoe, Sophia Baker	2018	
<i>1600 SMR</i>	4:33.03	Emma Maisel, Darice Cudjoe, Dowd, Maya Geter	Cassidy 2015	
<i>4000 DMR</i>	12:25.85	Aleesa deCastro, Reese Hammond, Sophia Baker, Madelynn Cadeau	2019	