



**Lambert High School
Community Resources**

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Behavioral and Mental Health Services

Alpha Hope Counseling, Inc. – Cumming, Georgia

- Website: <https://alphahopercounseling.com/>
- Phone: 678-571-7505
- Alpha Hope Counseling offers a wide range of therapeutic treatments including substance abuse, anger management, grief counseling, and sexual abuse. The team of professionals who offer services at this office are licensed and certified in a variety of trainings and speak to the spiritual needs of their clients who may be struggling.

Empowering Youth for Positive Change – Cumming, Georgia

- Website: www.ey4pc.com
- Phone: 404-341-6008
- This organization offers an intensive family intervention (IFI) services for children who suffer from severe emotional and/or behavioral disorders as well as substance abuse. Possible services rendered by Empowering Youth for Positive Change may include individual therapy or family therapy by a licensed mental health therapist, parent training, and behavioral modification. Over a ninety-day period, the therapist and paraprofessional assigned to the adolescent will visit several times per week. The professional teams are also available during all hours should an immediate mental health or urgent medical crisis arise with the student.

Pavilion Psychological Services – Cumming, Georgia

- Website: <https://www.pavilionpsych.com/>
- Phone: 470-239-8448

- Pavilion psychological services is a private practice owned and operated by Drs. Ashley Baker and Hayden Center. Both psychologists favor personalized therapies ranging from anxiety, depression, family therapy, substance abuse, and behavioral management. This office also offers standardized testing that can be used for IEP and 504 accommodations and treatments. The practice treats patients of all ages beginning at age five, with appropriate types of therapies offered for each age range and need.

Food, Clothing, and Housing Relief

Family Promise of Forsyth County – Cumming, Georgia

- Website: <https://fpforsyth.org>
- Phone: 678-476-4657
- Family Promise of Forsyth works with local churches in both Forsyth and Hall Counties to provide temporary food, clothing, and shelter to homeless individuals and their families. This organization works with their individuals on a 30-90-day basis to help them get the skills necessary to become self-sufficient and independent again at the end of the program. During this time childcare and transportation is provided so the individual can focus on attaining their goals of independence and supporting their family.

Forsyth County Family Haven, Inc. – Cumming, Georgia

- Website: <https://forsythcountyfamilyhaven.info/>
- Phone: 770-887-1121 (Crisis Hotline); 770-889-6384 ext. 103 (Legal Advocacy)
- Family Haven provides shelter and counseling to victims of family and domestic violence in Forsyth County. Additionally, the organization provides legal advocacy for violence victims in filing protection orders. Transitional housing is offered to help clients move towards independence and self-sustainability with housing and employment. All services

and shelter provided to students and their families are offered free of charge regardless of age, sex, race, marital status, or financial ability.

Georgia Mountain Food Bank – Cumming, Georgia

- Website: <https://gamountainfoodbank.org/forsyth-county/>
- Phone: 770-534-4111
- Georgia Mountain Food Bank (GMFB) provides food to eleven churches and agencies in Cumming, some of which provide mobile food deliveries to those who have limited transportation. Additionally, GMFB delivers fresh food and produce, as well as cooking tips and recipes to families that live in the most impoverished areas. Students and families with limited resources can depend on GMFB to receive nutritious food when in need so that they may focus their concerns on other areas in their life.

The Place of Forsyth County, Inc. – Cumming, Georgia

- Website: <https://theplaceoffosyth.org>
- Phone: 770-887-1098
- Schools can refer households in need to The Place of Forsyth for emergency assistance with finances, clothing, shelter, food, and additional serves as needed. A weekly food pantry offers frozen meats, fresh produce, and canned goods in a market style program. The Place Thrift Store offers clothing and household needs at a discounted rate. The Place Cottage offers respite to up to six homeless female students, aged 18 to early 20s, who are enrolled in high school or educational training. Residents of The Place Cottage learn a trade or skill as well as focus on life skills and self-sufficiency goals.

Nonprofit Organizations

BMore Learning – Cumming, Georgia

- Website: <https://bmorelearning.com>
- Phone: 678-457-4778
- BMore Learning is a nonprofit organization aimed at 10th-12th grade students as they are preparing to apply for internships, colleges, and employment opportunities. This organization offers four workshops during the school year to both the students and parents. Student workshops focus on building communication skills, decision making, and leadership skills as well as practice in real life scenarios of interviews and internships. Parents also meet during these workshops to discuss and learn about supporting their student throughout the process. The cost of this program is \$99, but the cost can be covered by sponsorships and donations.

Boys and Girls Club of Lanier – Gainesville, Georgia

- Website: <https://boysgirlsclubs.com>
- Phone: 770-532-8102
- This local chapter of The Boys and Girls Clubs of America offers students ages 6-18 a safe environment to have positive role models and mentors after school and during the summer. After school tutoring in various subjects as well as computer software proficiency are offered to help students increase their chances of academic successes in the classroom. Physical activity programs offer participants opportunities to build healthy eating and exercise habits. Mentors work with mentees to build relationships and teach responsible decision making and leadership skills.

Mentor Me – North Georgia, Inc. – Cumming, Georgia

- Website: <http://mentorga.org>
- Phone: 678-341-8028

- Mentor Me – North Georgia is a nonprofit organization that began as a segment of the Big Brothers Big Sisters organization. Mentor Me serves as a one-on-one mentoring service for children ages 6-17. They also offer group mentoring and after school programs to tutor. Mentors work with mentees to set and reach goals, work on motivation and confidence, and develop good decision-making skills.

Educational Institutions

DeVry University – Alpharetta, Georgia

- Website: <https://devry.edu>
- Phone: 866-338-7934
- DeVry University offers courses both at a physical location in Alpharetta, Georgia as well as online in undergraduate areas such as technology, business, and healthcare. Various programs such as Passport2College, Advantage Academy, and StartNow allow a high school junior or senior to earn college credits while still in high school at no cost.

Lanier Technical College – Cumming, Georgia

- Website: <https://laniertech.edu>
- Phone: 770-533-7000
- Lanier Technical College's campus located in Cumming, Georgia offers high school students multiple opportunities to take approved courses in Career, Technical, and Agricultural Educational (CTAE) programs through the dual enrollment program so that they may also earn college level credits while still in high school. Programs of study at Lanier Tech include computer science and cyber technology, engineering, automotive and transportation, business, and public safety.

Mountain Education Charter High School – Cleveland, Georgia

- Website: <https://mymec.org>
- Phone: 678-965-4971
- Mountain Education Charter High School (MECHS) offers high school students the opportunity to take classes on remote campuses throughout North Georgia during afternoon and evening hours. The courses are self-paced and are mastery based, which means students work at the course material until they pass the modules. MECHS is a public high school for 9th-12th grade students who are working to earn credit in course they have previously failed or want to take a course that may not fit into their regular academic schedule.

University of North Georgia – Cumming, Georgia

- Website: <https://ung.edu/campuses/cumming/index.php>
- Phone: 470-239-3103
- The Cumming campus of University of North Georgia (UNG) offers high school students the opportunity to attend college courses at a smaller campus and earn college credit through the dual enrollment program or joint enrollment program. Students can take courses at this campus that allows them to earn college credit for courses while also earning high school credit (dual enrollment), or as a replacement for high school credit (joint enrollment) as a means to get a head start on their college education. UNG is part of the University System of Georgia, therefore any credits earned will be transferrable within the University System.

Social Service Agencies

Court Appointed Special Advocates – Cumming, Georgia

- Website: <http://forsythcountycasa.org>

- Phone: 678-679-3838
- Court Appointed Special Advocates (CASA) are community volunteers who have been extensively trained to represent the best interests of a neglected or abused child during a juvenile court hearing. The CASA volunteer acts to interview anyone involved in the child's life regarding the court proceedings – the child, parent, family members, doctors, school, officials, medical professionals, etc. The volunteer then reports their findings back to the judge to report recommendations about what is in the best interests of the child. Afterwards, the CASA will remain involved until the child is placed in a permanent residence that provides safety and stability.

Department of Family and Children Services – Cumming, Georgia

- Website: <https://dfcs.georgia.gov/locations/forsyth-county>
- Phone: 770-781-6700
- The Department of Family and Children Services (DFCS) works to provide safety and security to children who need it most. DFCS works with families, schools, and communities to provide supportive and caring environments to children so that their needs are met and provided for. Additional information:
 - To report child abuse, call Child Protective Services Intake at 855-422-4453
 - Questions regarding food stamps, Medicaid, or childcare, call 877-423-4746