

FORSYTH COUNTY SCHOOLS

Elementary Winter Menu

DECEMBER

2023

For individual school's menu go to: www.mealviewer.com



Yellow highlights indicate GLUTEN-FREE option available. Speak with your cafeteria manager about receiving this option.

MONDAY NOV.27	TUESDAY NOV.28	WEDNESDAY NOV.29	THURSDAY NOV.30	FRIDAY DEC. 1
<ul style="list-style-type: none"> •Tyson Popcorn Chicken w/ WG Roll •Grilled Chicken Sandwich •Buffalo Chicken Tenders w/ WG Roll <p>Sandwich Entrée</p> <ul style="list-style-type: none"> •Turkey & Cheese WG Sub (Gluten-Free Bun available) 	<ul style="list-style-type: none"> •Nachos w/ Cheese** & Meat •Calzone (cheese** or pepperoni) <p>Sandwich Entrée</p> <ul style="list-style-type: none"> •Ham & Cheese Roll-up (Gluten-Free Bun available) 	<ul style="list-style-type: none"> •Cheezy Garlic Bread ** w/ Tomato Soup ** •Mini Chicken Sliders •Yogurt/Muffin Munchable** •Turkey & Cheese WG Sub (Gluten-Free Bun available) <p>Sandwich Entrée</p>	<ul style="list-style-type: none"> •Breaded Chicken (Drumstick or Thigh) w/ WG Roll •Mini Corn Dog •Ham & Cheese WG Sub (Gluten-Free Bun available) <p>Sandwich Entrée</p>	<ul style="list-style-type: none"> •Asian Chicken Rice Bowl w/Spring Roll •Pizza-Cheese Stuffed Breadsticks** w/ Fresh-made Marinara** •Turkey & Cheese WG Sub (Gluten-Free Bun available) <p>Sandwich Entrée</p>
<p>Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)</p>				
•California Salad w/Chicken	•Taco Salad /•Veggie Salad **	•Chef Salad w/Ham	•Buffalo Chicken Salad	

•Smuckers PB&J Chz stick, Cheez It** available daily

MONDAY DEC.4	TUESDAY DEC.5	WEDNESDAY DEC.6	THURSDAY DEC. 7	FRIDAY DEC.8
<ul style="list-style-type: none"> •Spaghetti w/ Meatballs Meatless Sauce ** •Empandas Chicken Enchiladas <p>Sandwich Entrée</p> <ul style="list-style-type: none"> •Buffalo Chicken Wrap •Ham & Cheese GF Bun 	<ul style="list-style-type: none"> •Nachos w/ Cheese** & Meat •Quesadilla Pizza ** <p>Sandwich Entrée</p> <ul style="list-style-type: none"> •Turkey & Cheese WG Sub (Gluten-Free Bun available) 	<ul style="list-style-type: none"> •Bosco Cheese-Stuffed Breadsticks w/ Fresh-made Marinara •Brookwood BBQ Sandwich (Gluten-Free Bun available) •Yogurt/Muffin Munchable** <p>Sandwich Entrée</p>	<ul style="list-style-type: none"> •Roasted Turkey w/Cornbread Dressing & WG Roll (Gluten-Free Bun available) •Crispy Chicken Nuggets w/ WG Roll •Ham & Cheese Wrap (Gluten-Free Bun available) <p>Sandwich Entrée</p>	<ul style="list-style-type: none"> •Hearty Homemade Chili Bowl Served w/Fritos or Crackers •Stuffed-Crust Pizza (cheese** or pepperoni) •Turkey & Cheese WG Sub (Gluten-Free Bun available) <p>Sandwich Entrée</p>
<p>Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)</p>				
•Southwest Chicken Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	•Buffalo Chicken Salad	

•Smuckers PB&J Chz stick, Cheez It** available daily

MONDAY DEC.11	TUESDAY DEC.12	WEDNESDAY DEC.13	THURSDAY DEC.14	FRIDAY DEC.15
<ul style="list-style-type: none"> •Breaded Chicken Sandwich (Gluten-Free Bun available) •Breaded Mozzarella Cheese Sticks ** w/ Fresh-made Marinara <p>Sandwich Entrée</p> <ul style="list-style-type: none"> •Turkey & Cheese WG sub (Gluten-Free Bun available) 	<ul style="list-style-type: none"> •Nachos w/ Cheese** & Meat •Quesadilla Pizza ** <p>Sandwich Entrée</p> <ul style="list-style-type: none"> •Buffalo Chicken Wrap 	<ul style="list-style-type: none"> •Hot Dog on WG Bun (Gluten-Free Bun available) •Lasagna Roll Up ** served w/Gartic Breadstick •Yogurt/Muffin Munchable** <p>Sandwich Entrée</p>	<ul style="list-style-type: none"> •Cheeseburger or Hamburger (Gluten-Free Bun available) •Tyson Chicken & Waffle •Chicken Tender Wrap <p>Sandwich Entrée</p>	<ul style="list-style-type: none"> •Homemade Chicken Noodle Soup & Grilled Cheese Sandwich** (Gluten-Free Bread available) •"The Max" Pizza Wedge Cheese** or Pepperoni
<p>Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)</p>				
•Mediterranean Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Turkey	•Buffalo Chicken Salad	

•Smuckers PB&J Chz stick, Cheez It** available daily

MONDAY DEC. 18	TUESDAY DEC.19	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> •Tyson Popcorn Chicken served w/ WG Roll •Buffalo Chicken Tenders served w/ WG Roll <p>Sandwich Entrée</p> <ul style="list-style-type: none"> •Turkey & Cheese WG Sub (Gluten-Free Bun available) 	<ul style="list-style-type: none"> •Calzone w/Cheese** or Pepperoni <p style="color: red; text-align: center; font-weight: bold;">EARLY RELEASE</p> <ul style="list-style-type: none"> •Turkey & Cheese WG Sub (Gluten-Free Bun available) 	WINTER BREAK	WINTER BREAK	WINTER BREAK
Lunch is served daily w/ a variety of fruits & vegetables & a variety of lowfat milk				
ALL Fruit and Vegetables are Gluten Free				
•Smuckers PB&J Chz stick, Cheez It***	•Smuckers PB&J Chz stick, Cheez It***			
<p>Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)</p>				
•California Chicken Salad				



Vegetarian option** Vegetarian entree offered daily - check school for choices

Availability of food, early release days and special school situations may require changes in menus without notice.

