


# FORSYTH COUNTY SCHOOLS

## MIDDLE SPRING Menu

2024

For individual school's menu go to: [www.mealviewer.com](http://www.mealviewer.com)

Yellow highlights indicate GLUTEN-FREE option available. Speak with your cafeteria manager about receiving this option.

MONDAY APRIL 1	TUESDAY APRIL 2	WEDNESDAY APRIL 3	THURSDAY APRIL 4	FRIDAY APRIL 5
				
Lunch is served daily with a variety of fruits and vegetables and a variety of lowfat milk				
MONDAY APRIL 8	TUESDAY APRIL 9	WEDNESDAY APRIL 10	THURSDAY APRIL 11	FRIDAY APRIL 12
<ul style="list-style-type: none"> <li>•Spaghetti w/ Meatballs &amp; Meatless Sauce</li> <li>•Empanadas Chicken Enchiladas</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Turkey, Ham &amp; Cheese Sub <small>(Turkey, Ham &amp; Cheese on GF bun available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Nachos w/ Cheese** &amp; Meat</li> <li>•Mini Corn Dogs</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•SW Turkey &amp; Cheese Wrap <small>(Gluten-Free Bread available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Bosco Cheese-Stuffed Breadsticks w/ Fresh-made Marinara**</li> <li>•Brookwood BBQ <small>(Gluten-Free Bun available)</small></li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Buffalo Chicken Wrap</li> </ul>	<ul style="list-style-type: none"> <li>•Chicken Bites (Dill or Spicy) w/ WG Roll</li> <li>•Macaroni &amp; Cheese Bowl w/ WG Roll</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Ham &amp; Cheese Sub <small>(Gluten-Free Bread available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Stuffed-Crust Pizza <small>(Cheese or Pepperoni)</small></li> <li>•Steak Parmesan Sandwich</li> </ul>
•Smuckers PB&J, Chz stick & Cheez It** meal available daily				
MONDAY APRIL 15	TUESDAY APRIL 16	WEDNESDAY APRIL 17	THURSDAY APRIL 18	FRIDAY APRIL 19
<ul style="list-style-type: none"> <li>•Gold Creek Chicken Sandwich <small>(Grilled Chicken Breast Filet &amp; Gluten-Free Bun available)</small></li> <li>•Brd Mozz Chz Sticks w/ Fresh-made Marinara**</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Ham or Turkey &amp; Cheese WG Sub <small>(Gluten-Free Bun available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Nachos w/ Cheese** &amp; Meat</li> <li>•Quesadilla Pizza **</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Turkey &amp; Cheese Sub</li> </ul>	<ul style="list-style-type: none"> <li>•Hot Dog on WG Bun <small>(Gluten-Free Bun available)</small></li> <li>•Lasagna Roll-up** w/ Garlic Breadstick</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Buffalo Chicken Wrap</li> </ul>	<ul style="list-style-type: none"> <li>•Cheeseburger or Hamburger <small>(Gluten-Free Bun available)</small></li> <li>•Chicken &amp; Waffles</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Chicken Tender Wrap <small>(Gluten-Free Bread available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Stuffed-Crust Pizza <small>(Cheese or Pepperoni)</small></li> <li>•Steak Parmesan Sub</li> </ul>
•Smuckers PB&J, Chz stick & Cheez It** meal available daily				
MONDAY APRIL 22	TUESDAY APRIL 23	WEDNESDAY APRIL 24	THURSDAY APRIL 25	FRIDAY APRIL 26
<ul style="list-style-type: none"> <li>•Popcorn Chicken served w/ WG Roll</li> <li>•Buffalo Chicken Tenders w/ WG Roll</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Ham or Turkey &amp; Cheese WG Sub <small>(Gluten-Free Bun available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Nachos w/ Cheese** &amp; Meat</li> <li>•Calzone w/Cheese** or Pepperoni</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Chicken Caesar Wrap <small>(Ham&amp;Cheese, GF bun available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Bosco Cheese-Stuffed Breadsticks w/Fresh-Made Marinara</li> <li>•Mini Chicken Sliders</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Buffalo Chicken Wrap <small>(Turkey&amp;Cheese GF bun available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Breaded Chicken (Drumstick or Thigh) w/ WG Roll</li> <li>•Beef Sticks w/ Gravy &amp; WG Roll</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Ham &amp; Cheese Sub <small>(Gluten-Free Bun available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Asian Chicken Rice Bowl w/ Spring Roll</li> <li>•Primo Pizza Wedge <small>(Cheese or Pepperoni)</small></li> </ul>
•Smuckers PB&J, Chz stick & Cheez It** meal available daily				
MONDAY APRIL 29	TUESDAY APRIL 30	WEDNESDAY APRIL 3	THURSDAY APRIL 4	FRIDAY APRIL 5
<ul style="list-style-type: none"> <li>•Spaghetti w/ Meatballs &amp; Meatless Sauce</li> <li>•Empanadas Chicken Enchiladas</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Turkey, Ham &amp; Cheese Sub <small>(Turkey, Ham &amp; Cheese on GF bun available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Nachos w/ Cheese** &amp; Meat</li> <li>•Mini Corn Dogs</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•SW Turkey &amp; Cheese Wrap <small>(Gluten-Free Bread available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Bosco Cheese-Stuffed Breadsticks w/ Fresh-made Marinara**</li> <li>•Brookwood BBQ <small>(Gluten-Free Bun available)</small></li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Buffalo Chicken Wrap</li> </ul>	<ul style="list-style-type: none"> <li>•Chicken Bites (Dill or Spicy) w/ WG Roll</li> <li>•Macaroni &amp; Cheese Bowl w/ WG Roll</li> <li><b><u>Sandwich Entrée</u></b></li> <li>•Ham &amp; Cheese Sub <small>(Gluten-Free Bread available)</small></li> </ul>	<ul style="list-style-type: none"> <li>•Stuffed-Crust Pizza <small>(Cheese or Pepperoni)</small></li> <li>•Steak Parmesan Sandwich</li> </ul>
•Smuckers PB&J, Chz stick & Cheez It** meal available daily				

1 MONDAY APRIL 29	TUESDAY APRIL 30	WEDNESDAY MAY 1	THURSDAY MAY 2	FRIDAY MAY 3
<ul style="list-style-type: none"> <li>•Spaghetti w/ Meatballs &amp; Meatless Sauce</li> <li>•Empanadas Chicken Enchiladas</li> <li><b>Sandwich Entrée</b></li> <li>•Ham, Turkey &amp; Cheese WG Sub</li> </ul>	<ul style="list-style-type: none"> <li>•Nachos w/ Cheese** &amp; Meat</li> <li>•Corn Dogs</li> <li><b>Sandwich Entrée</b></li> <li>•SW Turkey Wrap</li> </ul>	<ul style="list-style-type: none"> <li>•Bosco Cheese-Stuffed Breadsticks w/Fresh-Made Marinara</li> <li>•Brookwood BBQ Sandwich</li> <li><b>Sandwich Entrée</b></li> <li>•Buffalo Chicken Wrap</li> </ul>	<ul style="list-style-type: none"> <li>•Chicken Bites (Dill or Spicy) w/ WG Roll</li> <li>•Macaroni &amp; Cheese Bowl w/ WG Roll</li> <li><b>Sandwich Entrée</b></li> <li>•Ham &amp; Cheese Sub</li> </ul>	<ul style="list-style-type: none"> <li>•Stuffed-Crust Pizza (Cheese or Pepperoni)</li> <li>•Steak Parmesan Sandwich</li> </ul>
(Turkey, Ham & Cheese on GF bun available)				
<b>Salad Meal w/ Crackers or Flatbread</b> (vegetarian salad available upon request)				
•SW Chicken Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	•Buffalo Chicken Salad	


•Smuckers PB&J, Chz stick & Cheez It\*\* meal available daily

2 MONDAY MAY 6	TUESDAY MAY 7	WEDNESDAY MAY 8	THURSDAY MAY 9	FRIDAY MAY 10
<ul style="list-style-type: none"> <li>•Gold Creek Chicken Sandwich</li> <li>(Grilled Chicken Breast Filet &amp; Gluten-Free Bun available)</li> <li>•Brd Mozz Cheese Sticks w/ Fresh-made Marinara**</li> <li><b>Sandwich Entrée</b></li> <li>•Ham or Turkey &amp; Cheese WG Sub</li> </ul>	<ul style="list-style-type: none"> <li>•Nachos w/ Cheese** &amp; Meat</li> <li>•Quesadilla Pizza **</li> <li><b>Sandwich Entrée</b></li> <li>•Turkey &amp; Cheese Sub</li> </ul>	<ul style="list-style-type: none"> <li>•Hot Dog on WG Bun</li> <li>Gluten-Free Bun available</li> <li>•Lasagna Roll-up** w/ Garlic Breadstick</li> <li><b>Sandwich Entrée</b></li> <li>•Buffalo Chicken Wrap</li> </ul>	<ul style="list-style-type: none"> <li>•Cheeseburger or Hamburger</li> <li>(Gluten-Free Bun available)</li> <li>•Chicken &amp; Waffles</li> <li><b>Sandwich Entrée</b></li> <li>•Chicken Tender Wrap</li> <li>(Gluten-Free Bread available)</li> </ul>	<ul style="list-style-type: none"> <li>•Popcorn Chicken w/ WG Roll</li> <li>(Gluten-Free Bun available)</li> <li>•Buffalo Chicken Pizza</li> </ul>
(Gluten-Free Bun available)				
<b>Salad Meal w/ Crackers or Flatbread</b> (vegetarian salad available upon request)				
•Grilled Chicken Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Turkey	•Buffalo Chicken Salad	

•Smuckers PB&J, Chz stick, Cheez It\*\* meal available daily

3 MONDAY MAY 13	TUESDAY MAY 14	WEDNESDAY MAY 15	THURSDAY MAY 16	FRIDAY MAY 17
<ul style="list-style-type: none"> <li>•Popcorn Chicken served w/ WG Roll</li> <li>•Buffalo Chicken Tenders w/ WG Roll</li> <li><b>Sandwich Entrée</b></li> <li>•Ham or Turkey &amp; Cheese WG Sub</li> </ul>	<ul style="list-style-type: none"> <li>•Nachos w/ Cheese** &amp; Meat</li> <li>•Calzone w/Cheese** or Pepperoni</li> <li><b>Sandwich Entrée</b></li> <li>•Chicken Caesar Wrap</li> </ul>	<ul style="list-style-type: none"> <li>•Bosco Cheese-Stuffed Breadsticks w/Fresh-Made Marinara</li> <li>•Mini Chicken Sliders</li> <li><b>Sandwich Entrée</b></li> <li>•Buffalo Chicken Wrap</li> </ul>	<ul style="list-style-type: none"> <li>•Breaded Chicken (Drumstick or Thigh) w/ WG Roll</li> <li>•Beef Sticks w/ Gravy &amp; WG Roll</li> <li><b>Sandwich Entrée</b></li> <li>•Ham &amp; Cheese Sub</li> </ul>	<ul style="list-style-type: none"> <li>•Asian Chicken Rice Bowl w/ Spring Roll</li> <li>•Primo Pizza Wedge (Cheese or Pepperoni)</li> </ul>
(Gluten-Free Bun available)				
<b>Salad Meal w/ Crackers or Flatbread</b> (vegetarian salad available upon request)				
•California Chicken Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	•Buffalo Chicken Salad	

•Smuckers PB&J, Chz stick & Cheez It\*\* meal available daily

1 MONDAY MAY 20	TUESDAY MAY 21	WEDNESDAY MAY 22	THURSDAY MAY 23	FRIDAY MAY 24
<ul style="list-style-type: none"> <li>•Spaghetti w/ Meatballs &amp; Meatless Sauce</li> <li>•Empanadas Chicken Enchiladas</li> <li><b>Sandwich Entrée</b></li> <li>•Ham, Turkey &amp; Cheese WG Sub</li> </ul>	<ul style="list-style-type: none"> <li>•Nachos w/ Cheese** &amp; Meat</li> <li>•Mini Corn Dogs</li> <li><b>Sandwich Entrée</b></li> <li>•SW Turkey &amp; Cheese Wrap</li> </ul>	<ul style="list-style-type: none"> <li>•Bosco Cheese-Stuffed Breadsticks w/Fresh-Made Marinara</li> <li>•Brookwood BBQ Sandwich</li> <li>(Gluten-Free Bun available)</li> <li><b>Sandwich Entrée</b></li> <li>•Buffalo Chicken Wrap</li> </ul>	<ul style="list-style-type: none"> <li>•Chicken Bites (Dill or Spicy) w/ WG Roll</li> <li>•Macaroni &amp; Cheese Bowl w/ WG Roll</li> <li><b>Sandwich Entrée</b></li> <li>•Ham &amp; Cheese Sub</li> </ul>	 <p>Have an awesome Summer!</p>
(Ham, Turkey & Cheese on GF bun available)				
<b>Salad Meal w/ Crackers or Flatbread</b> (vegetarian salad available upon request)				
•SW Chicken Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	•Buffalo Chicken Salad	

•Smuckers PB&J, Chz stick & Cheez It\*\* meal available daily