

FORSYTH COUNTY SCHOOLS Food & Nutrition Services

K-12

SPRING 2024



WEEK 1 : April 15-19 / April 29-May 3 / May 13-17				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Croissant w/ Sausage	Biscuit w/ Chicken	Bagel w/ Sausage & Egg	Croissant w/ Bacon & Egg	Sunriser Breakfast Bowl w/Toast
Croissant w/ Egg/Cheese	Pancakes	Sausage & Egg on GF Bun	Bacon & Egg on GF Bun or Toast	Egg&Cheese on GF Toast
Egg&Cheese on GF Bun or Toast	Smoothie or Parfait w Grain Option	Fresh-baked WG Cinn Roll	Chocolate Muffin Tops w/yogurt	Waffles
Donut Bites				
Cereal Variety	Cereal Variety	Cereal Variety	Cereal Variety	Cereal Variety
GF Cereal	GF Cereal	GF Cereal	GF Cereal	GF Cereal
Fruit Variety : Pick 2	Fruit Variety : Pick 2	Fruit Variety : Pick 2	Fruit Variety : Pick 2	Fruit Variety : Pick 2
Lowfat Milk Variety	Lowfat Milk Variety	Lowfat Milk Variety	Lowfat Milk Variety	Lowfat Milk Variety
WEEK 2 : April 8-12 / April 22-26 / May 6-10 / May 20-23				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Croissant w/Chicken	Biscuit w/ Bacon & Egg	Bagel w/ Chicken	Croissant w/ Sausage	Breakfast Bowl w/Toast
Egg/Cheese Croissant	Bacon & Egg on GF Bun or Toast	Bagel w/ Cream Cheese	Sausage on GF Bun	Egg&Cheese on GF Toast
Egg&Cheese on GF Bun or Toast	French Toast w/Syrup	Breakfast Poptart		
Dutch Waffle	Smoothie or Parfait w Grain Option	Breakfast Sausage Pancake on a stick	Chocolate Muffin Tops w/yogurt	Honey Bun
Cereal Variety	Cereal Variety	Cereal Variety	Cereal Variety	Cereal Variety
GF Cereal	GF Cereal	GF Cereal	GF Cereal	GF Cereal
Fruit Variety : Pick 2	Fruit Variety : Pick 2	Fruit Variety : Pick 2	Fruit Variety : Pick 2	Fruit Variety : Pick 2
Lowfat Milk Variety	Lowfat Milk Variety	Lowfat Milk Variety	Lowfat Milk Variety	Lowfat Milk Variety

Gluten Free Option : GF Highlighted in yellow

Cereal Variety : Apple Cinn Cherrios GF ,Lucky Charm GF, Cinnamon Toast , Fruit Loops, Cocoa Puffs

Fruit Variety : Canned or Fresh Fruit or Frozen 100% Fruit Juice

This institution is an equal opportunity provider.

Note: Availability of food and special school activities may require changes in menus on very short notice.

Schools enter their specific menu daily and can be viewed on www.mealviewer.com

