BE YOURSELF
BE A LEADER
Boys Outdoor Leadership Development
Girls Outdoor Leadership Development
EXPEDITIONS 2019
BOYS OUTDOOR LEADERSHIP DEVELOPMENT

B.O.L.D. is an outdoor education program of the Metro Atlanta YMCA that develops multi-cultural leadership skills in young men through wilderness experience.

Our 5 day backpacking and rafting expeditions will give you the leadership skills needed for success in high school, college and beyond!

No outdoor experience or equipment necessary. A desire to have fun and challenge yourself in spirit, mind and body required!

GIRLS OUTDOOR LEADERSHIP DEVELOPMENT

G.O.L.D. is an outdoor experiential education program at the Metro Atlanta YMCA that inspires courage and leadership in young women through wilderness experience. G.O.L.D. inspires the courage to do, courage to create and courage to ask.

Our 5 day backpacking and rafting expeditions are about facing reasonable challenges, discovering talents and unleashing abilities to succeed wherever your future adventures may take you.

No outdoor experience is needed. A desire to make new friends, explore beautiful places and try new things is necessary!

COLLABORATIVE EDUCATIONAL LEADERSHIP
Co-Ed Expeditions

This year B.O.L.D. and G.O.L.D. have allied to offer expeditions for older students looking to further develop their leadership skills in a co-ed environment.

The all-female and all-male trips that G.O.L.D. and B.O.L.D. traditionally offer provide great opportunities to build confidence, self-awareness, determination and courage.

On these co-ed expeditions, you will get to put those skills into action as you work with a diverse group of peers to build relationships and make new friends, learn to communicate and make decisions together, face challenges and solve problems and celebrate your successes.
BOYS OUTDOOR LEADERSHIP DEVELOPMENT

ONE-WEEK EXPEDITIONS

Appalachian Adventure

Ages: 11 to 13
6/10 - 6/14 - MEM: $780, PRO: $800, NON: $850*

Set your sights high towards the breathtaking scenery and wildlife offered by North Georgia’s own Appalachian Mountains. On this one-week backcountry adventure you will hike historic mountains and sleep by rushing rivers, moving from campsite to campsite and carrying everything you need on your back. Experience back-country cooking and camping, make immeasurable bonds, and spend time just hanging out. You will meet new friends, bonding over your epic day on the trail while you cook delicious meals by the fire underneath the starry sky. Get ready to leave this adventure with new wilderness travel skills, leadership tools, and friends and memories that will last a lifetime.

Chattahoochee Challenge

Ages: 14 to 17
7/8 - 7/12 - MEM: $780, PRO: $800, NON: $850*

Do you want to get more out of your summer vacation? Then accept the challenge...the Chattahoochee Challenge! This backpacking expedition for high school aged students promises to be a highlight of the summer. Spend this glorious week exploring beautiful mountain landscapes and swimming in beautiful glacier-fed lakes. You will meet new friends as you bond over epic days on the trail all while learning to cook delicious meals underneath the starry night sky. Leave this adventure with friends and memories that will last a lifetime, and leadership, technical and wilderness skills that will help you meet any challenge you face – both in the woods and back home.
GIRLS OUTDOOR LEADERSHIP DEVELOPMENT
ONE-WEEK EXPEDITIONS

Appalachian Adventure

Ages: 13 to 15

6/24 - 6/28 - MEM: $780, PRO: $800, NON: $850*

Set your sights high towards the breathtaking scenery and wildlife offered by North Georgia’s own Appalachian Mountains. On this one-week backcountry adventure you will hike historic mountains and sleep by rushing rivers, moving from campsite to campsite and carrying everything you need on your back. Experience back-country cooking and camping, make immeasurable bonds, and spend time just hanging out. You will meet new friends, bonding over your epic day on the trail while you cook delicious meals by the fire underneath the starry sky. Get ready to leave this adventure with new wilderness travel skills, leadership tools, and friends and memories that will last a lifetime.
COLLABORATIVE EDUCATIONAL LEADERSHIP
Co-Ed Expeditions

North Carolina Rafting Expedition
Ages: 13 to 15
4/1 - 4/5 - MEM: $780, PRO: $800, NON: $850*
Immerse yourself in the iconic scenery and wildlife of the Great Smokey Mountains and Nantahala National Forest for one week! Spend your days developing leadership skills while rafting and hiking and your nights making lifelong memories and friendships while stargazing and hanging by the fire on this outdoor adventure. You will learn the basics of backpacking and rafting, hike through majestic mountains, be captivated by dramatic landscapes, experience class III rapids, and develop leadership skills in ways you never thought possible. After taking on the challenge of the wilderness you will know you can overcome any obstacle placed before you.

Chattahoochee Challenge
Ages: 14 to 17
7/22 - 7/26 - MEM: $780, PRO: $800, NON: $850*
Do you want to get more out of your summer vacation? Then accept the challenge...the Chattahoochee Challenge! This backpacking expedition for high school aged students promises to be a highlight of the summer. Spend this glorious week exploring beautiful mountain landscapes and swimming in beautiful glacier-fed lakes. You will meet new friends as you bond over epic days on the trail all while learning to cook delicious meals underneath the starry night sky. Leave this adventure with friends and memories that will last a lifetime, and leadership, technical and wilderness skills that will help you meet any challenge you face – both in the woods and back home.
Are you signed up for one of our trips this summer? Not yet signed up but have questions about our programs? Join us for one of our summer orientation information fairs to get all of your questions answered.

By attending an info fair you will get the chance to:

- Go over course itineraries & map your route with our program staff
- Review packing lists and reserve gear loans and rentals
- Gain insight into the BOLD & GOLD leadership curriculum
- Meet other participants and get a jump start on making new friends!
- Get answers to any of your questions
- Meet staff and get pumped for your upcoming adventure!

**April Trip Orientation:**
Saturday March 16th 2019
12:00 pm – 3:00 pm

**Summer Trips Orientation:**
Saturday May 4th 2019
12:00 pm – 3:00 pm

**LOCATION:**
Forsyth County Family YMCA 6050 Y St Cumming, GA 30040

**QUESTIONS?** Contact us at fcycamp@ymcaatlanta.org or 770-888-2788.
**BOYS’ OUTDOOR LEADERSHIP DEVELOPMENT**

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<th>GRADES</th>
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**GIRLS’ OUTDOOR LEADERSHIP DEVELOPMENT**

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**CO-ED OUTDOOR LEADERSHIP DEVELOPMENT**

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*At the Y, we believe that all people, especially children, deserve an equal chance to reach their full potential. The Y is committed to helping everyone regardless of their ability to pay.

Financial assistance is available for those needing assistance in paying for the full cost of a YMCA program or membership. Eligibility requirements may apply. [https://www.ymcaatlanta.org/financial-assistance-information/](https://www.ymcaatlanta.org/financial-assistance-information/)

Scholarships and assistance are available through Childcare and Parents Services (CAPS) and the YMCA of Metro Atlanta.

**Apply for Assistance from Childcare and Parents Services (CAPS)**
The CAPS program supports early education goals by assisting low-income families with the cost of child care (so parents can work or attend training / education).

Learn more about CAPS
Apply for CAPS assistance

**Apply for Assistance from the YMCA of Metro Atlanta**
Through annual donations, the Y provides scholarships to eligible families who need assistance in paying for the full cost of a YMCA program or membership.

Apply for YMCA assistance (PDF)

*Prices include a $25 non/refundable deposit*

*PRO = Program Member
*MEM = Facility Member
*NON = Non-member