

# February 2021

## KELLY MILL ELEMENTARY

### BREAKFAST



**NO SCHOOL 02/12/21 AND  
02/18/21 STUDENT/STAFF  
HOLIDAY**



**Nutrition Tip:** Ready-to-eat cereal consumption encourages milk consumption. Among children 6-12 years old who eat ready-to-eat cereal, 53% of all daily milk consumption is with cereal.



Reference: NHANES 2015-16

### Monday

CHICKEN CROISSANT **1**  
HONEY BUN  
CEREAL W/ GRAHAM CRACKERS

### Tuesday

CHICKEN BISCUIT **2**  
MINI MAPLE PANCAKES  
CEREAL W/ GRAHAM CRACKERS

### Wednesday

CHICKEN CROISSANT **3**  
CINNAMON ROLL  
CEREAL W/ GRAHAM CRACKERS

### Thursday

CHICKEN BISCUIT **4**  
MUFFINS W/ YOGURT  
CEREAL W/ GRAHAM CRACKERS

### Friday

CHICKEN CROISSANT **5**  
FRENCH TOAST  
CEREAL W/ GRAHAM CRACKERS

CHICKEN CROISSANT **8**  
HONEY BUN  
CEREAL W/ GRAHAM CRACKERS

CHICKEN BISCUIT **9**  
MINI MAPLE PANCAKES  
CEREAL W/ GRAHAM CRACKERS

CHICKEN CROISSANT **10**  
CINNAMON ROLL  
CEREAL W/ GRAHAM CRACKERS

CHICKEN BISCUIT **11**  
MUFFINS W/ YOGURT  
CREAL W/ GRAHAM CRACKERS

**NO SCHOOL **12****  
**STUDENT STAFF HOLIDAY**

**NO SCHOOL **15****  
**STUDENT STAFF HOLIDAY**

CHICKEN BISCUIT **16**  
MINI MAPLE PANCAKES  
CEREAL W/ GRAHAM CRACKERS

CHICKEN CROISSANT **17**  
CINNAMON ROLL  
CEREAL W/ GRAHAM CRACKERS

CHICKEN BISCUIT **18**  
MUFFINS W/ YOGURT  
CEREAL W/ GRAHAM CRACKERS

CHICKEN CROISSANT **19**  
FRENCH TOAST  
CEREAL W/ GRAHAM CRACKERS

CHICKEN CROISSANT **22**  
HONEY BUN  
CEREAL W/ GRAHAM CRACKERS

CHICKEN BISCUIT **23**  
MINI MAPLE PANCAKES  
CERAL W/ GRAHAM CRACKERS

CHICKEN CROISSANT **24**  
CINNAMON ROLL  
CEREAL W/ GRAHAM CRACKERS

CHICKEN BISCUIT **25**  
MUFFINS W/ YOGURT  
CEREAL W/ GRAHAM CRACKERS

CHICKEN CROISSANT **26**  
FRENCH TOAST  
CEREAL W/ GRAHAM CRACKERS

