



**NO SCHOOL 02/12/21 AND
02/15/21 STUDENT/STAFF
HOLIDAY**



Fitness Tip: Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

Monday

1
BREADED MOZZARELLA
CHEESE STICKS W/ MARINARA
SMUCKERS PB&J
TURKEY & CHEESE SUB
CHEF SALAD

Tuesday

2
HAMBURGER OR
CHEESEBURGER
SMUCKERS PB&J
YOGURT MUFFIN MUNCHABLE
VEGGIE SALAD W/ CHEESE

Wednesday

3
NACHOS W/ CHEESE OR
MEAT AND CHEESE
SMUCKERS PB&J
BUFFALO CHICKEN WRAP
TACO SALAD

Thursday

4
STUFFED CRUST CHEESE
OR PEPPERONI PIZZA
SMUCKERS PB&J
YOGURT MUFFIN MUNCHABLE

Friday

5
BRUNCH FOR LUNCH:
EGG PATTY W/ BREAKFAST
CHICKEN PATTY AND MINI MAPLE
PANCAKES
SMUCKERS PB&J

8
POPCORN CHICKEN
W/ BROWN RICE
SMUCKERS PB&J
TURKEY & CHEESE SUB
CHEF SALAD

9
SPAGHETTI W/ CHEESY BREAD
SMUCKERS PB&J
YOGURT MUFFIN MUNCHABLE
VEGGIE SALAD W/ CHEESE

10
BEEF HOT DOG
SMUCKERS PB&J
BUFFALO CHICKEN WRAP
CHEF SALAD

11
BREADED CHICKEN PATTY
SANDWICH
SMUCKERS PB&J
YOGURT MUFFIN MUNCHABLE

12
NO SCHOOL
STUDENT/STAFF HOLIDAY

15
NO SCHOOL
STUDENT/STAFF HOLIDAY

16
HAMBURGER OR
CHEESEBURGER
SMUCKERS PB&J
YOGURT MUFFIN MUNCHABLE
VEGGIE SALAD W/ CHEESE

17
NACHOS W/ CHEESE OR
MEAT AND CHEESE
SMUCKERS PB&J
BUFFALO CHICKEN WRAP
CHEF SALAD

18
STUFFED CRUST CHEESE
OR PEPPERONI PIZZA
SMUCKERS PB&J
YOGURT MUFFIN MUNCHABLE

19
BRUNCH FOR LUNCH:
EGG PATTY W/ BREAKFAST
CHICKEN PATTY AND MINI MAPLE
PANCAKES
SMUCKERS PB&J

22
POPCORN CHICKEN
W/ BROWN RICE
SMUCKERS PB&J
TURKEY & CHEESE SUB
CHEF SALAD

23
SPAGHETT W/ CHEESY BREAD
SMUCKERS PB&J
YOGURT MUFFIN MUNCHABLE
VEGGIE SALAD W/ CHEESE

24
BBB
BEEF HOT DOG
SMUCKERS PB&J
BUFFALO CHICKEN WRAP
CHEF SALAD

25
BREADED CHICKEN PATY
SANDWICH
SMUCKERS PB&J
YOGURT MUFFIN MUNCHABLE

26
CORN DOG OR
MINI COR DOGS
SMUCKERS PB&J

