



Coffee & Conversations

Brandywine Elementary School

Lizzie McDevitt, M.Ed., NCC

Jess Lundy, Ed.S, LPC, RPT, NCC



01

About us

Lizzie McDevitt, M.Ed., NCC.

K-2 Counselor

- Nationally certified counselor
- 1st year School Counselor
- Passionate about trauma-informed practices and incorporating movement and creative arts in lessons, small groups, and individual counseling



Jess Lundy, Ed.S, LPC, RPT, NCC

3-5 Counselor

- Licensed Professional Counselor and Registered Play Therapist
- 9th Year as a School Counselor
- Passionate about Play-Based Counseling



BWE Counseling



Who we are:

- Child Advocate
- Teacher Resource
- Social-Emotional Learning Expert
- Mental Health Trained
- Behavior Support
- Community Liaison



What we do:

“Deliver a comprehensive school counseling program that engages all students to be successful, lifelong learners with a focus on academic achievement, socio-emotional awareness, and career development.”

Tiers of Support

01

Classroom Lessons

Core Curriculum- Correlates with 7-Mindsets

02

Small Group

6-8 Students focusing on a specific topic

03

Individual Support

1:1 short term support

Delivery of Services

- Core curriculum classroom lessons
- Small group counseling
- 1:1 student support
- Consultation and collaboration with staff, parents, and other therapists/providers
- 7-Mindsets/Mindful Mondays
- PBIS Team
- Student Support Team
- Grade level behavior check-ins
- School-wide programs & events



Zones of Regulation

What Zone Are You In?			
Blue	Green	Yellow	Red
			
Sick Sad Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Yelling/Hitting Disgusted Out of Control

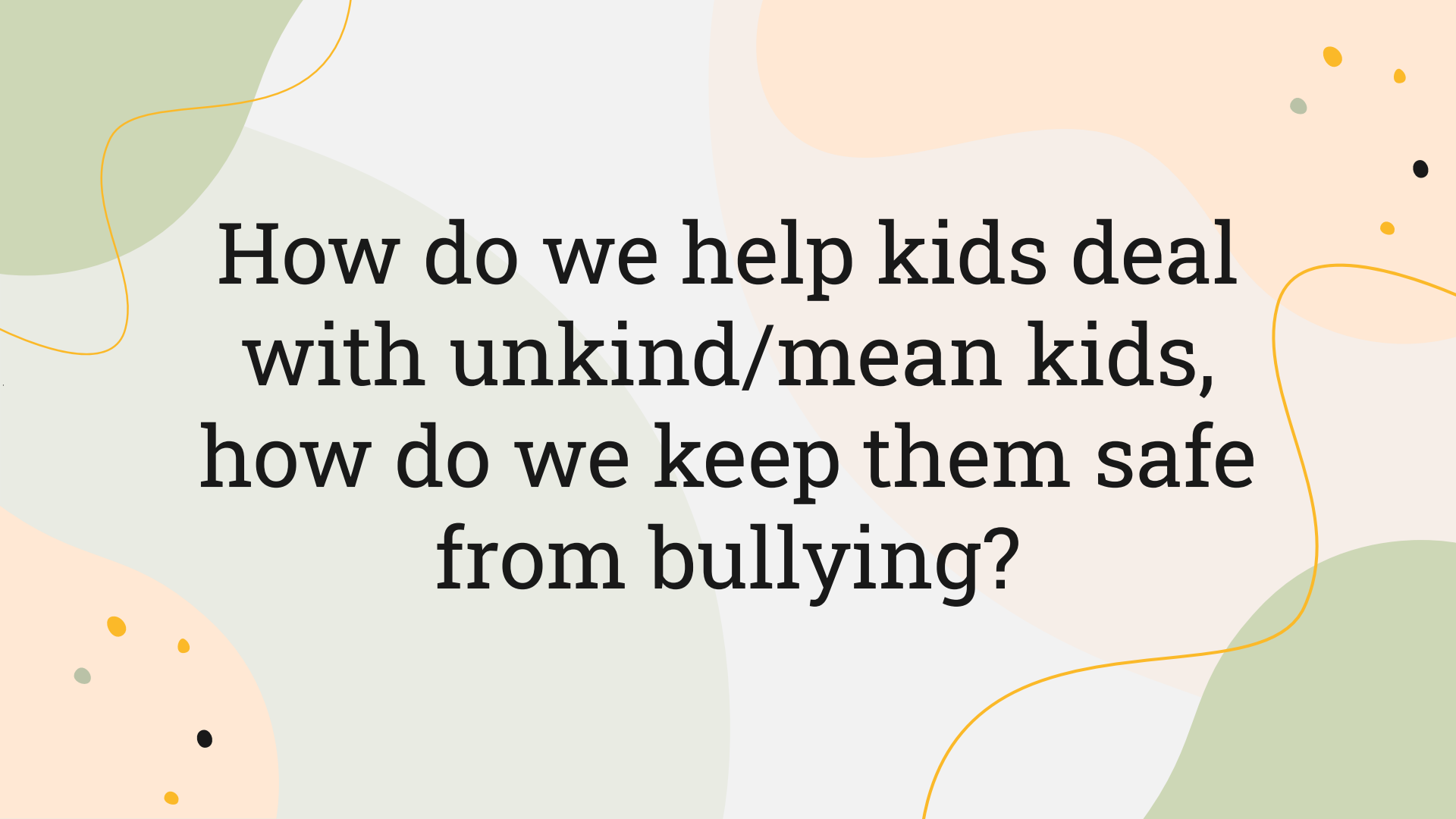
Questions

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Resiliency Programs

What do they do and how can
we supports our kids if they
participate?



How do we help kids deal
with unkind/mean kids,
how do we keep them safe
from bullying?

Ideas for C & C?

Please let us know what kind of
topics you want to hear!

i.e. Mindfulness, PBIS, Post-Covid
adjustments, Trauma, etc.



Our team



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Thank you for your
time!
