



- 1 Introduction
- 2 Red Zone
- 5 Strategies at Home
- Red Zone, Consequences, PBIS
- 5 PBIS





Courselors & PBIG Coach



Jess Lundy

3 - 5 Counselor



Lizzie McBeritt

K - 2 Counselor



Any Carney

Behavior Intervention Coach



Inside Out



Red Gone



- Mad/Angry
- Mean
- Yelling/Hitting
- Disgusted
- Out of Control



Mhat do we do? K-2 Steps



Stop & Think



Breathe it Out



Talk to an Adult



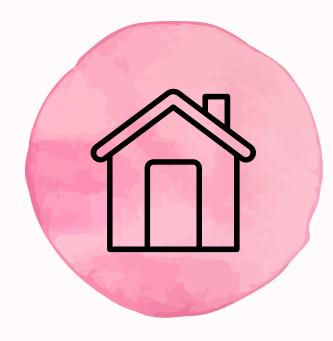
Do Not... 3-5 Anger Rules



Hurt Others



Hurt Yourself



Hurt Property



Reparing for Anger

Know Your Anger Triggers

- What makes you angry?
- How can we handle these situations when they happen?

Chief Enotion Officer

- You are responsible for your actions
- All actions have a consequence





- 1 Take Deep Breaths
- 1 Take a Break
- Use "I feel" and "I need" language
- 4 Explain consequences
- 5 Follow through with consequences

DB 16

Consequences at School

