



# JANUARY

## FAMILY ENGAGEMENT CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Music!</b>	<b>Self-Care!</b>	<b>Cooking!</b>	<b>Movement!</b>	<b>Fine Motor!</b>	<b>Reading!</b>	<b>Math!</b>
Learn a song about the months of the year.	Set a goal with your child for something to learn <u>together</u> . Write it down, learn and practice and celebrate your progress.	Use cookie cutters to make shapes out of tortillas. Crisp in the oven.	Lay bubble-wrap on the floor. Drive cars and trucks over for a pleasing crackle and pop sound!	Put finger paint into a zip-top bag and seal. Enjoy finger painting without the messy cleanup.	Practice naming all the letters in the month "January".	Go on a walk outdoors. Count the number of steps between objects you pass. Vary your step size and recount.
<b>Self-Care!</b>	<b>Cooking!</b>	<b>Movement!</b>	<b>Writing!</b>	<b>Reading!</b>	<b>Math!</b>	<b>Music!</b>
If you have cut out the tags from clothes, mark the back with a permanent marker. Teach your child the back of the clothes.	Make trail-mix using cereal, nuts, chocolate chips and dried fruit. Measure, stir and eat!	Visit and indoor gym.	Tape a marker to a small car. "Write" as you drive the car back and forth on paper.	Enjoy <u>reading The Jacket I Wear in the Snow</u> by Shirley Neitzel together.	Make a pile of all the mittens and gloves your family has. Let your child find the matches.	Download <u>Walking in the Air</u> from the album The Snowman by Howard Blake. Dance to the music.
<b>Cooking!</b>	<b>Movement!</b>	<b>Fine Motor!</b>	<b>Reading!</b>	<b>Math!</b>	<b>Music!</b>	<b>Self-Care!</b>
Spread peanut butter or shortening on pinecones, then roll in birdseed for the birds to have a tasty treat.	Make an obstacle course with a table, sofa cushions, an empty box or whatever you have in your house.	Add drinking straws (cut to 1-2 ") to contact paper. Create shapes, letters, and designs.	Read <u>The Mitten</u> by Jan Brett .Also <u>The Hat</u> and <u>Three Snow Bears</u> by the same author.	Measure the height of your child. Record with tape/date on a closet door.	Sing: Thumb in the thumb place; fingers all together. This is the song we sing in mitten weather.	Teach your child how to put on his own mittens or gloves. (Mittens are easier!)
<b>Movement!</b>	<b>Fine Motor!</b>	<b>Reading!</b>	<b>Math!</b>	<b>Music!</b>	<b>Self-Care!</b>	<b>Cooking!</b>
Go sledding.	Trace your child's hands. Mark the date and save this paper!	Read <u>The Snowy Day</u> by Ezra Jack Keats.	Sort white pompoms ("snowballs") by size.	Sing If You Are Happy and You Know It, Clap Your Hands.	Keep practicing putting on mittens and gloves. Celebrate success!	Make hot chocolate. Let your child stir and add 2 marshmallows on top.
<b>Fine Motor!</b>	<b>Reading!</b>	<b>Math!</b>	<b>Music!</b>	<b>Self-Care!</b>	<b>Cooking!</b>	<b>Movement!</b>
Drop vinegar tinted with food coloring onto a pan filled with baking soda. Sheer minutes of colorful fizziness!	Collect items that start with the sound /b/. (ball, balloon, button, Big Bird, boat etc.). Name each one. Listen to the sound.	Label your child's dresser with pictures. Let him sort his clothes by putting like items together in his dresser.	List out your favorite songs. Take turns picking the next song to sing together.	Check to see what clothes your child can put on/off by himself. Celebrate each success!	Make popcorn. Toss some outdoors for the birds.	Swim at an indoor pool.