

## Mental Health Treatment Support

If your child is in a state a psychological emergency or distress, he or she needs to be assessed by a mental health professional. There are several options for seeking care:

1. **Contact the Georgia Crisis and Access Line.** This service is a 24 hour/ 7 days a week hotline to assess and connect individuals with appropriate services to address mental health needs as well as drugs and alcohols use. If it is necessary, a licensed mental health professional will meet you at your home or an appropriate public location to assess your child's mental health state and make recommendations for follow up care.
2. **Take your child to one of the local hospitals for an assessment.** Peachford, Ridgeview, and Laurelwood may provide a free assessment for those students who qualify for that service. The emergency room at Northside Forsyth is an option for those who are unable to travel to the other hospitals, although families should expect to be charged for use of emergency room unit services.
3. **Contact your child's therapist.** For those students who need to be assessed and have a mental health professional that the child sees regularly, please contact that individual and ask for an emergency appointment.
4. **Contact your child's primary care provider and/or insurance provider.** Your family doctor or pediatrician may be able to make a recommendation and/or referral for mental health services.

Forsyth County Schools does not endorse or recommend any particular mental health agency or provider. If you are unable to access services or have any questions, please contact a student support services staff member at your child's school. Please return the Conference Notification form to a student support services staff member by the return date listed on the form. We are here to support your child's mental health as well as academic needs. Please let us know how we may be able to support your child's return to school and future school success.

<b>Mental Health Agencies</b>			
Avita – Behavioral Health Services	Cumming, GA	678-341-3840	<a href="http://www.gamtns.org">www.gamtns.org</a>
Avita – Developmental Disability Services	Dahlonega, GA	678-513-5799	<a href="http://www.gamtns.org">www.gamtns.org</a>
Georgia Crisis and Access Line	GA Statewide	800-715-4225	<a href="http://www.mygcal.com">www.mygcal.com</a>
Laurelwood Hospital	Gainesville, GA	770-219-5600	<a href="http://www.nghs.com">www.nghs.com</a>
Northside Hospital - Forsyth	Cumming, GA	770-844-3200	<a href="http://www.northside.com/forsyth">www.northside.com/forsyth</a>
Peachford Hospital	Atlanta, GA	770-454-2302	<a href="http://www.peachford.com">www.peachford.com</a>
Ridgeview Institute (Hospital)	Smyrna, GA	770-434-4568	<a href="http://www.ridgeviewinstitute.com">www.ridgeviewinstitute.com</a>