Summer Reading - these are not required but highly recommended, choose one:

**The Story of Psychology** Morton Hunt, 9780307278074

Socrates, Plato, Descartes, Spinoza, Mesmer, William James, Pavlov, Freud, Piaget, Erikson, and Skinner. Each of these thinkers recognized that human beings could examine, comprehend, and eventually guide or influence their own thought processes, emotions, and resulting behavior. The lives and accomplishments of these pillars of psychology, expertly assembled by Morton Hunt, are set against the times in which the subjects lived. Hunt skillfully presents dramatic and lucid accounts of the techniques and validity of centuries of psychological research, and of the methods and effectiveness of major forms of psychotherapy.

Fully revised, and incorporating the dramatic developments of the last fifteen years, *The Story of Psychology* is a graceful and absorbing chronicle of one of the great human inquiries—the search for the true causes of our behavior.

**Opening Skinner’s Box: Great Psychological Experiments of the Twentieth Century** Lauren Slater, 0393326551

Through ten examples of ingenious experiments by some of psychology’s most innovative thinkers, Lauren Slater traces the evolution of the century's most pressing concerns—free will, authoritarianism, conformity, morality.

Beginning with B. F. Skinner and the legend of a child raised in a box, she takes us from a deep empathy with Stanley Milgram's obedience subjects to a funny and disturbing re-creation of an experiment questioning the validity of psychiatric diagnosis. Previously described only in academic journals and textbooks, these often daring experiments have never before been narrated as stories, full of plot, wit, personality, and theme.

**50 Psychological Classics** Tom Butler-Bowdon, 9781857583862

With 50 Psychology Classics: Who We Are, How We Think, What We Do—Insight and Inspiration, Tom Butler-Bowdon introduces readers to the great works that explore the very essence of what makes us who we are. Spanning fifty books and hundreds of ideas, 50 Psychology Classics examines some of the most intriguing questions regarding cognitive development and behavioral motivations, summarizing the myriad theories that psychologists have put forth to make sense of the human experience. Butler-Bowdon covers everything from humanism to psychoanalysis to the fundamental principles where theorists disagree, like nature versus nurture and the existence of free will. In this single book, you will find Carl Jung, Sigmund Freud, Alfred Kinsey, and the most significant contributors to modern psychological thought. From the author of the bestselling 50 Self-Help Classics, 50 Success Classics, and 50 Spiritual Classics, 50 Psychology Classics will enrich your understanding of the human condition.


Are men literally born to cheat? Does monogamy actually serve women’s interests? These are among the questions that have made *The Moral Animal* one of the most provocative science books in recent years. Wright unveils the genetic strategies behind everything from our sexual preferences to our office politics—as well as their implications for our moral codes and public policies. Illustrations.

**Descartes’ Error: Emotion, Reason, and the Human Brain** Antonio Damasio, 0399138943

Since Descartes famously proclaimed, "I think, therefore I am,” science has often overlooked emotions as the source of a person’s true being. Even modern neuroscience has tended, until recently, to concentrate on the cognitive aspects of brain function, disregarding emotions. This attitude began to change with the publication of *Descartes’ Error* in 1995. Antonio Damasio—“one of the world’s leading neurologists” (*The New York Times*)—challenged traditional ideas about the connection between emotions and rationality. In this wondrously engaging book, Damasio takes the reader on a journey of scientific discovery through a series of case studies, demonstrating what many of us have long suspected: emotions are not a luxury, they are essential to rational thinking and to normal social behavior.
Rough Guide to the Brain  Barry Gibb, 1843536642

The Rough Guide to the Brain is ideal for readers who want to know more about how their brain and mind works and what goes wrong when it doesn't. From how humans have evolved such an impressive organ to how it achieves the feat that is a person. The book includes numerous insights from leaders in their fields, there's no better way to stimulate your grey matter.

An Unquiet Mind: A Memoir of Moods and Madness  Kay Redfield Jamison, 0679763309

In her bestselling classic, An Unquiet Mind, Kay Redfield Jamison changed the way we think about moods and madness.

Dr. Jamison is one of the foremost authorities on manic-depressive (bipolar) illness; she has also experienced it firsthand. For even while she was pursuing her career in academic medicine, Jamison found herself succumbing to the same exhilarating highs and catastrophic depressions that afflicted many of her patients, as her disorder launched her into ruinous spending sprees, episodes of violence, and an attempted suicide.

Here Jamison examines bipolar illness from the dual perspectives of the healer and the healed, revealing both its terrors and the cruel allure that at times prompted her to resist taking medication. An Unquiet Mind is a memoir of enormous candor, vividness, and wisdom—a deeply powerful book that has both transformed and saved lives.

The Language Instinct: How the Mind Creates Language  Steven Pinker, 0061336467

In this classic, the world's expert on language and mind lucidly explains everything you always wanted to know about language: how it works, how children learn it, how it changes, how the brain computes it, and how it evolved. With deft use of examples of humor and wordplay, Steven Pinker weaves our vast knowledge of language into a compelling story: language is a human instinct, wired into our brains by evolution. The Language Instinct received the William James Book Prize from the American Psychological Association and the Public Interest Award from the Linguistics Society of America. This edition includes an update on advances in the science of language since The Language Instinct was first published.

A Natural History of the Senses  Diane Ackerman, 0679735666

Diane Ackerman's lusciously written grand tour of the realm of the senses includes conversations with an iceberg in Antarctica and a professional nose in New York, along with dissertations on kisses and tattoos, sadistic cuisine and the music played by the planet Earth. "Delightful . . . gives the reader the richest possible feeling of the worlds the senses take in."--The New York Times. (Literature--Classics & Contemporary)

Fifty Great Myths of Modern Psychology  Lilienfield, et al, 1405131128

50 Great Myths of Popular Psychology uses popular myths as a vehicle for helping students and laypersons to distinguish science from pseudoscience.

- Uses common myths as a vehicle for exploring how to distinguish factual from fictional claims in popular psychology
- Explores topics that readers will relate to, but often misunderstand, such as 'opposites attract', 'people use only 10% of their brains', and 'handwriting reveals your personality'
- Provides a 'mythbusting kit' for evaluating folk psychology claims in everyday life
- Teaches essential critical thinking skills through detailed discussions of each myth
- Includes over 200 additional psychological myths for readers to explore
- Contains an Appendix of useful Web Sites for examining psychological myths
- Features a postscript of remarkable psychological findings that sound like myths but that are true
- Engaging and accessible writing style that appeals to students and lay readers alike

** All book descriptions taken from Amazon.com