



Varsity Softball went 3-1 on the week defeating West Forsyth 11-2 and 7-3 before losing to Lambert 4-3. They also tied Allatoona 9-9. Varsity Volleyball defeated Denmark 3-0. Football opened up their season with the 9<sup>th</sup> grade team defeating North Forsyth 20-6 before the JV fell to Gainesville 20-7. The Cross Country teams performed well this week at the Lions Invationals. The top performances were as follows: JV Boys 5K: 1. Samuel Gullo (18:24.64), 2. Adam Zorko (18:38.41), and 3. Harris Garmon (19:26.74); Varsity Boys 5K: 1. Nate Verska (16:15.64), 3. Ben Bergey (16:47.97), and 8. Pujith Veeravelli (17:37.20); JV Girls 5K: 4. Emily Barnes (24:42.14), 10. Neeti Jain (25:24.90), and 11. Gigi Grady (26:20.24); and Varsity Girls 5K: 2. Carmel Yonas (19:52.17), 3. Isabel Yonas (20:11.19), and 6. Molly Hanlon (20:54.40).

### This Weeks Contests

<b>Monday, 9/14</b>	<b>5:55pm</b>	<b>JV Softball</b>	<b>West Forsyth @West Forsyth</b>
<b>Tuesday, 9/15</b>	<b>4:30pm/6:30pm</b>	<b>Varsity Softball</b>	<b>Lambert @South Forsyth</b>
<b>Tuesday, 9/15</b>	<b>5:00pm/6:00pm</b>	<b>JV/Varsity Volleyball</b>	<b>West Forsyth @West Forsyth</b>
<b>Wednesday, 9/16</b>	<b>TBD</b>	<b>JV Softball</b>	<b>Semi-Finals</b>
<b>Thursday, 9/17</b>	<b>6:00pm</b>	<b>9<sup>th</sup> Football</b>	<b>West Forsyth @West Forsyth</b>
<b>Thursday, 9/17</b>	<b>6:00pm</b>	<b>JV Football</b>	<b>West Forsyth @South Forsyth</b>
<b>Thursday, 9/17</b>	<b>5:00pm/6:00pm</b>	<b>JV/Varsity Volleyball</b>	<b>Gainesville @South Forsyth</b>
<b>Thursday, 9/17</b>	<b>5:00pm</b>	<b>Varsity Softball</b>	<b>Forsyth Central @South Forsyth</b>
<b>Friday, 9/18</b>	<b>7:30pm</b>	<b>Varsity Football</b>	<b>Dawson County @Dawson County</b>
<b>Saturday, 9/19</b>	<b>All-Day</b>	<b>9<sup>th</sup> Volleyball</b>	<b>SVC @Roswell</b>
<b>Saturday 9/19</b>	<b>TBD</b>	<b>JV Softball</b>	<b>Finals</b>
<b>Saturday, 9/19</b>	<b>TBD</b>	<b>Cross Country</b>	<b>Lambert and Brookwood @Chattahoochee Point Park</b>