



NEST NOTES

Varsity Baseball went 3-1 on the week. They defeated Chestatee 12-2, Pope 3-2, and North Gwinnett 8-7 but lost to Mount Paran 3-2. The JV team defeated North Forsyth in both games in a double header 2-1 and 4-0. In Lacrosse action the varsity girls defeated Grayson 14-5. The Boys JV team lost to Buford 8-4 as well. Boys Varsity Soccer picked up a region with defeating Gainesville 4-1. Gymnastics performed well placing 1st at their meeting this past Saturday. Nailing their preliminary qualifying scores were Lia Carter on the bars, beam, and on floor; Ava Bouldin on vault and floor; Avery Sitko on vault; Abby Molish on vault; and Emma Naffky on vault.

This Weeks Contests

Monday, 3/8	6:00pm/7:30pm	JV Soccer (Boys/Girls)	Forsyth Central @South Forsyth
Monday, 3/8	6:00pm	JV Baseball	North Gwinnett @North Gwinnett
Monday, 3/8	4:00pm	JV Girls Tennis	Lambert @Lambert
Monday, 3/8	4:00pm	JV Boys Tennis	Lambert @Fowler Park
Monday, 3/8	TBD	JV Boys Golf	Lambert JV Tournament
Monday, 3/8	4:00pm	Varsity Girls Golf	Lambert HS @Laurel Springs
Tuesday, 3/9	6:00pm/8:00pm	Varsity Soccer (Girls/Boys)	North Oconee @North Oconee
Tuesday, 3/9	6:15pm	Varsity Baseball	Roswell @South Forsyth (Senior Night)
Tuesday, 3/9	5:55pm/7:55pm	Boys LAX (JV/Varsity)	North Gwinnett @South Forsyth (Senior Night)
Tuesday, 3/9	4:00pm	Varsity Girls Tennis	Forsyth Central @Central Park
Tuesday, 3/9	4:00pm	Varsity Boys Tennis	Forsyth Central @Fowler Park
Wednesday, 3/10	5:30pm/7:00pm	JV Soccer (Girls/Boys)	North Forsyth @South Forsyth
Wednesday, 3/10	4:00pm	Varsity Girls Golf	North Forsyth @Hampton
Wednesday, 3/10	TBD	JV Boys Golf	North Forsyth @South Forsyth
Wednesday, 3/10	4:00pm	Varsity Girls Tennis	Brookwood @Fowler Park
Wednesday, 3/10	4:00pm	Varsity Boys Tennis	Brookwood @Brookwood
Wednesday, 3/10	4:00pm	JV Girls Tennis	West Forsyth @West Forsyth
Wednesday, 3/10	4:00pm	JV Boys Tennis	West Forsyth @Fowler Park
Wednesday, 3/10	4:00pm	JV Track and Field	WFHS Weekday Meet @West Forsyth
Thursday, 3/11	5:00pm/7:00pm	Varsity Soccer (Girls/Boys)	North Forsyth @North Forsyth
Thursday, 3/11	5:30pm/7:00pm	Girls LAX (Varsity/JV)	Varsity vs. Alpharetta/JV vs. Denmark @South Forsyth
Thursday, 3/11	7:00pm	JV Baseball	Lambert @Lambert
Thursday, 3/11	5:00pm	9 th Baseball	Lambert @Lambert
Thursday, 3/11	4:00pm	Varsity Girls Tennis	Lambert @Fowler Park
Thursday, 3/11	4:00pm	Varsity Boys Tennis	Lambert @Lambert
Friday, 3/12	6:15pm	Varsity Baseball	Lambert @South Forsyth
Friday, 3/12	6:00pm	Varsity Girls LAX	Brookwood @South Forsyth
Friday, 3/12	3:45pm	Top JV and Varsity Track and Field	Welcome To The Ranch @Lanier
Saturday, 3/13	12:00pm	JV Baseball	Lambert @South Forsyth
Saturday, 3/13	2:00pm	9 th Baseball	Lambert @South Forsyth
Saturday, 3/13	12:00pm/2:00pm	Boys LAX (Varsity/JV)	Milton @South Forsyth
Saturday, 3/13	TBD	Varsity Girls LAX	Baylor @South Forsyth
Saturday, 3/13	TBD	Varsity Boys Golf	Athens Classic @UGA Course