



Boys Varsity Lacrosse went 2-1 Forsyth Central 16-0 and Denmark 16-5 but fell to Lambert 10-9. In Soccer, the Varsity Girls went 1-2 defeating Mountain View 14-13 but lost to Norcross 3-0 and River Ridge 4-2. Boys Varsity Soccer went 1-1 defeating Norcross 5-0 before falling to Denmark 5-1. Varsity Baseball played well going 3-0 in region play. They defeated Lambert 9-8, West Forsyth 8-5, and Gainesville 14-4. The Gymnastics team secured their spot in the preliminary meet at Buford Arena this week. This was the first time in history the team has made it. South Forsyth Gymnastics is in 8<sup>th</sup> place in the state for 6A/7A schools.

### This Weeks Contests

Monday, 4/19	6:15pm	Varsity Baseball	Forsyth Central @South Forsyth
Monday, 4/19	TBD	Varsity Boys Golf	Region Tournament @Crystal Falls
Monday, 4/19	4:00pm	Varsity Girls Golf	Forsyth Central @Countryland
Monday, 4/19	4:00pm	Varsity Girls Tennis	Norcross @Norcross (State Playoffs)
Tuesday, 4/20	6:00pm	Varsity Girls LAX	Sequoyah @South Forsyth
Tuesday, 4/20	7:55pm	Varsity Boys LAX	Alpharetta @South Forsyth
Tuesday, 4/20	4:00pm	Top JV/Varsity Track & Field	Region Tune Up @West Forsyth
Tuesday, 4/20	4:00pm	Varsity Boys Tennis	Duluth @Fowler Park
Wednesday, 4/21	6:15pm	Varsity Baseball	Denmark @Denmark
Wednesday, 4/21	8:00am	Varsity Girls Golf	Area Tournament @Chestatee Golf Club
Wednesday, 4/21	6:30pm	Varsity Boys Soccer	Discovery @Discovery (State Playoffs)
Thursday, 4/22	6:00pm	Varsity Boys LAX	Sequoyah @South Forsyth
Friday, 4/23	6:15pm	Varsity Baseball	North Forsyth @North Forsyth
Friday, 4/23	6:00pm	Varsity Girls LAX	Denmark @South Forsyth
Friday, 4/23	3:00pm	Gymnastics	Gymnastics Preliminary Meet @Buford Arena
Saturday, 4/24	8:00am	Gymnastics	GHSA State Meet @Buford Arena

South Forsyth High School / 585 Peachtree Parkway / Cumming, Georgia 30041

[www.forsyth.k12.ga.us/sfhs](http://www.forsyth.k12.ga.us/sfhs) Twitter: SFHS Athletics